
GARLIC SALVE FOR BABIES

By: *RuthAnn Zimmerman*

Blend together:

1/3 cup tallow or coconut oil

2 T liquid oil like olive oil, avocado oil, or jojoba oil

6-8 cloves garlic

Blend well, if tiny pieces of garlic remain, I don't mind but you can heat the salve by setting your container in hot water until it becomes liquid and then straining it through a course cheese cloth.

Storing: store in a covered container in refrigerator for 3-4 months.

Using: apply on bottom of baby's feet at first sign of sniffles or congestion. Continue to apply to feet at every feeding and on chest and back at every diaper change as long as symptoms persist.

If garlic salve causes skin sensitivity, simply dilute the salve by adding more coconut oil.

If sensitivity persists, you can continue to use the salve on the bottoms of the feet only.

YouTube Video With more details on our channel;

Homesteading with the Zimmermans